

PubMed is een via het internet vrij (gratis) toegankelijke zoekrobot die de MEDLINE-databank met referenties naar medisch wetenschappelijke artikelen evenals de database met boeken van de NCBI doorzoekt. Vrijwel alle medisch belangrijke publicaties van de laatste tientallen jaren zijn daarin te vinden, over het algemeen met minimaal een samenvatting van het artikel, soms met een link naar het complete artikel.

Alle referenties in PubMed hebben een uniek nummer, de PubMed identifier, afgekort met PMID. Dit nummer staat soms bij wetenschappelijke literatuurverwijzingen vermeld, omdat door dit nummer in te voeren in het PubMed zoekscherm de betreffende referentie zeer snel terug te vinden is.

Hier een aantal medisch wetenschappelijke artikelen (van de laatste jaren) over voetreflexologie:

Immediate effects of a five-minute foot massage on patients in critical care

<https://pubmed.ncbi.nlm.nih.gov/10595045/>

Can foot reflexology be a complementary therapy for sleep disturbances? Evidence appraisal through a meta-analysis of randomized controlled trials

<https://pubmed.ncbi.nlm.nih.gov/33615535/>

Foot Reflexology: Recent Research Trends and Prospects

<https://pubmed.ncbi.nlm.nih.gov/36611469/>

The effect of foot reflexology massage on burn-specific pain anxiety and sleep quality and quantity of patients hospitalized in the burn intensive care unit (ICU)

<https://pubmed.ncbi.nlm.nih.gov/32873443/>

The effects of foot reflexology on pain and physiological indicators in children with leukemia under chemotherapy: a clinical trial study

<https://pubmed.ncbi.nlm.nih.gov/34992868/>

The Effects of Foot Reflexology on Vital Signs: A Meta-Analysis of Randomized Controlled Trials

<https://pubmed.ncbi.nlm.nih.gov/36147645/>

Caregiver-Delivered Foot Reflexology: Effects on Patients and Caregivers

<https://pubmed.ncbi.nlm.nih.gov/31609870/>

Effect of Foot Reflexology on Pain, Fatigue, and Quality of Sleep after Kidney Transplantation Surgery: A Parallel Randomized Controlled Trial

<https://pubmed.ncbi.nlm.nih.gov/32831868/>

Effects of foot massage on relieving pain, anxiety and improving quality of life of patients undergone a cervical spine surgery

<https://pubmed.ncbi.nlm.nih.gov/33468148/>

The Effect of Foot Reflexology on Hospital Anxiety and Depression in Female Older Adults: a Randomized Controlled Trial

<https://pubmed.ncbi.nlm.nih.gov/31489059/>

Randomized controlled trial of the foot reflexology on pain and anxiety severity during dressing change in burn patients

<https://pubmed.ncbi.nlm.nih.gov/32739224/>

The effect of foot reflexology on fatigue, pain, and sleep quality in lymphoma patients: A clinical trial

<https://pubmed.ncbi.nlm.nih.gov/31669916/>

Evaluation of efficacy and feasibility of foot reflexology in children experiencing chronic or persistent pain

<https://pubmed.ncbi.nlm.nih.gov/31358289/>

Effect of reflexology on anxiety and sleep of informal cancer caregiver: Randomized controlled trial

<https://pubmed.ncbi.nlm.nih.gov/32379631/>

The effects of foot reflexology on back pain after coronary angiography: A randomized controlled trial

<https://pubmed.ncbi.nlm.nih.gov/31739213/>

Efficacy of Precise Foot Massage Therapy on Pain and Anxiety Following Cardiac Surgery: Pilot Study

<https://pubmed.ncbi.nlm.nih.gov/31734151/>

Effect of foot reflexology on chest pain and anxiety in patients with acute myocardial infarction: A double blind randomized clinical trial

<https://pubmed.ncbi.nlm.nih.gov/33348306/>

The Effect of Foot Reflexology Applied Before Coronary Angiography and Percutaneous Transluminal Coronary Angioplasty on Anxiety, Stress, and Cortisol Levels of Individuals: A Randomized Controlled Trial

<https://pubmed.ncbi.nlm.nih.gov/32530869/>

The Effect of Foot Reflexology on Chemotherapy-Induced Nausea and Vomiting in Patients With Digestive or Lung Cancer: Randomized Controlled Trial

<https://pubmed.ncbi.nlm.nih.gov/34738909/>

Effects of foot massage and patient education in patients undergoing coronary artery bypass graft surgery: A randomized controlled trial

<https://pubmed.ncbi.nlm.nih.gov/32891291/>

Effects of foot reflexology on anxiety and physiological parameters in patients undergoing coronary artery bypass graft surgery: A clinical trial

<https://pubmed.ncbi.nlm.nih.gov/29705459/>

Evaluation of the Effect of Reflexology on Pain Control and Analgesic Consumption After Appendectomy

<https://pubmed.ncbi.nlm.nih.gov/26401598/>

Effects of Extremity Massage on Preoperative Anxiety: A Three-Arm Randomized Controlled Clinical Trial on Phacoemulsification Candidates

<https://pubmed.ncbi.nlm.nih.gov/32057627/>